**FRIDAY**

**KINDNESS UNIT**

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| **Read Aloud** |
| **The Kindness Book**by Todd ParrLink to Read Aloud<https://www.youtube.com/watch?v=wDlNVs2H_3Q> |

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| **Gross Motor** |
| **Parachute Play**Create a Parachute: Use a bed sheet. Get your arms moving and heart rates up by using a sheet to ***bounce small balls, socks, stuffed animals,*** or ***balloons***. Wave the parachute up and down, hide under it, toss it in the air, and sing songs |

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| **Song** | **Fun Activity** |
| **The More We Get Together***The more we get together, together, together,**The more we get together, the happier we'll be,**‘Cause your friends are my friends and my friends are your friends.**The more we get together the happier we'll be!**The more we play together, together, together,**The more we play together, the happier we'll be,**‘Cause your friends are my friends and my friends are your friends.**The more we play together the happier we'll be!* | **Kindness Boxes**Create a special box for a friend or family member.https://lh5.googleusercontent.com/F6__-iCkHIPyv7Vu49k1OOjJcnObbwD4BVHXiqCXtNMX68JIF8wQnxy-qpkxunrGtuenoqLU-HddR1OGGCeOr0THdLWKFrYdpD-SOdyfXzKt0XGBZx0jHujFeKE__QHave fun filling the box with carefully selected items that will make them ***smile***!Decorate a box and write their **name** on it.Include a note saying **how much you love them**!*A kindness box I made for my auntie has some strawberries I cut from a store flyer because she loves to eat them!**I also put in some paper hearts and a bookmarker I made to remind her how much I love reading with her!* |

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| **GET MOVING** |
| Get moving inside or outside in your yard! So get outside, safely, when you can. |