**FRIDAY**

**KINDNESS UNIT**

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| **Read Aloud** |
| **The Kindness Book**  by Todd Parr  Link to Read Aloud  <https://www.youtube.com/watch?v=wDlNVs2H_3Q> |

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| **Gross Motor** |
| **Parachute Play**  Create a Parachute: Use a bed sheet. Get your arms moving and heart rates up by using a sheet to ***bounce small balls, socks, stuffed animals,*** or ***balloons***. Wave the parachute up and down, hide under it, toss it in the air, and sing songs |

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| **Song** | **Fun Activity** |
| **The More We Get Together**  *The more we get together, together, together,*  *The more we get together, the happier we'll be,*  *‘Cause your friends are my friends and my friends are your friends.*  *The more we get together the happier we'll be!*  *The more we play together, together, together,*  *The more we play together, the happier we'll be,*  *‘Cause your friends are my friends and my friends are your friends.*  *The more we play together the happier we'll be!* | **Kindness Boxes**  Create a special box for a friend or family member.  https://lh5.googleusercontent.com/F6__-iCkHIPyv7Vu49k1OOjJcnObbwD4BVHXiqCXtNMX68JIF8wQnxy-qpkxunrGtuenoqLU-HddR1OGGCeOr0THdLWKFrYdpD-SOdyfXzKt0XGBZx0jHujFeKE__Q  Have fun filling the box with carefully selected items that will make them ***smile***!  Decorate a box and write their **name** on it.  Include a note saying  **how much you love them**!  *A kindness box I made for my auntie has some strawberries I cut from a store flyer because she loves to eat them!*  *I also put in some paper hearts and a bookmarker I made to remind her how much I love reading with her!* |

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| **GET MOVING** |
| Get moving inside or  outside in your yard! So get outside, safely, when you can. |